



JOIN US FOR  
**FITNESS  
TUESDAYS**  
VIA ZOOM

ID: 816 6160 9385

@ **6:00 PM**

w/ Deacon Renetta Hill  
Certified Primary Aerobics Instructor

GET READY TO GET  
FIT FROM HOME!

AEROBICS  
WEIGHT TRAINING  
LINE DANCING

MESSIAH BAPTIST CHURCH  
210 CONGRESS STREET  
BRIDGEPORT, CONNECTICUT 06604  
REV. DR. JAMES B. LOGAN, PASTOR  
[WWW.MYMESSIAHBAPTIST.COM](http://WWW.MYMESSIAHBAPTIST.COM)